
























The Magdalen House
A RECOVERY COMMUNITY
FOR ALCOHOLISM

Key	
	Low Cost
	No Cost
	Women Only
	Men Only






DETOX & TREATMENT	Contact	Location	Services	
Cenikor	1-888-CENIKOR (236-4567)	Irving & multiple other locations	<ul style="list-style-type: none"> • Detox & residential treatment • Accepts insurance & offers financial assistance if uninsured 	
Carrollton & Collin Springs	Carrollton: 972-242-4114 Collin: 469-885-8901	Carrollton & McKinney	<ul style="list-style-type: none"> • Medical detox, PHP, & IOP • Accept most insurances & has private pay options 	
Homeward Bound	214-941-3500	Dallas & Corsicana	<ul style="list-style-type: none"> • Detox admissions are Monday-Friday 8 am-4 pm on a first-come, first-serve basis • Residential treatment, outpatient, & crisis services • Accepts those with or without insurance 	
La Hacienda Treatment Center	844-427-6452	Hunt	<ul style="list-style-type: none"> • Detox, residential, co-occurring disorders, & trauma therapy • Women & men • Private insurance 	
Men of Nehemiah	214-421-6705	Dallas	<ul style="list-style-type: none"> • No cost long-term treatment for alcohol & substance abuse • Faith-based, military style, & 12-step focused • Men ONLY • 18+ 	
Nexus Family Recovery Center	214-321-0156 ext. 3118	Dallas	<ul style="list-style-type: none"> • Medical detox, residential & outpatient services • Women ONLY • Programs tailored to pregnant & parenting mothers • Accepts those with or without insurance 	
OSAR Texas Health & Human Services	OSAR Line: 844-275-0600 Crisis Hotline: 866-260-8000	Texas	<ul style="list-style-type: none"> • Will provide referrals to detox, treatment, & other mental health resources • OSAR line is for North Texas screenings; crisis hotline is available 24/7 	
Richardson Methodist Health System	469-204-6920	Richardson	<ul style="list-style-type: none"> • 24/7 Admissions • Dual diagnosis treatment • Ages 18+ • Accepts most insurances and has private pay option for services 	
Stonegate Center	817-440-7616	Azle	<ul style="list-style-type: none"> • Detox & residential treatment • Women & men (gender-specific facilities) • Private insurance 	
The Fullbrook Center	817-717-7898	Fort Worth	<ul style="list-style-type: none"> • Addiction & trauma treatment • Detox, residential, PHP, & IOP • Women ONLY • Private insurance 	
The Haven Texas	888-219-6895	Multiple Locations	<ul style="list-style-type: none"> • Medical detox facility • Accepts all insurance including Medicaid & Medicare • Will provide transportation 	
SOBER LIVING	Contact	Location	Services	
24 Hour Club	214-823-3200	Dallas	<ul style="list-style-type: none"> • Structured transitional recovery housing • Women & men • Initial no-cost admission until employment • Phase 1: \$91/week, Phase 2: \$126/week 	

Advantage Sober Living	940-395-4472	Richland Hills	<ul style="list-style-type: none"> • 12 step based, structured & high-accountability • Men ONLY • \$900/month 	
Cardinal House	214-897-3092	Dallas, Frisco, Plano, & Richardson	<ul style="list-style-type: none"> • Structured sober living • Men ONLY • \$1000/month • Scholarships offered through "Living Amends" 	
Driven Re-entry	469-989-3546	Allen (Women) Plano (Men)	<ul style="list-style-type: none"> • 12 Step, structured, faith based • Men & women • Men's house \$300/week • Women's house \$250/week 	
Elevated Sober Living	214-354-4598 elevatedsoberliving@gmail.com elevatedsoberliving.com	Plano (Women) & McKinney (Men)	<ul style="list-style-type: none"> • Women & men • Apply online or by email for application • \$260/week 	
Free Man House	Women's: 469-740-1043 Men's: 214-676-2693	Dallas	<ul style="list-style-type: none"> • Faith-based, structured sober living • Women & Men • \$715/month 	
Hope is Alive	844-3-HOPE-NOW hopeisalive.net	Dallas	<ul style="list-style-type: none"> • Faith-based, 12-Step structured sober living • DFW house is men ONLY • \$750/month 	
Living by Design	844-SOBR-DFW	Dallas	<ul style="list-style-type: none"> • Structured and faith based • Women and men (gender specific houses) • \$1100/month • Scholarships offered through "Living Amends" 	
Oxford House	800-689-6411 oxfordvacancies.com	National	<ul style="list-style-type: none"> • Women, women & children, & men's houses • Applicants must call first to set up an interview • Check openings on website • Prices vary, usually \$150-200/week 	
Simply Grace	214-774-9808	Dallas, Plano, Richardson, & Fort Worth	<ul style="list-style-type: none"> • Structured sober living with optional IOP • Women ONLY; also have a Mommy & Me house • Volunteer & job skills opportunities are available • \$225-\$250/week • Scholarships offered through "Living Amends" 	
Sober Living America	877-430-0086	Dallas, Fort Worth, & Houston	<ul style="list-style-type: none"> • Apartment-style sober living with roommates • Women & men • Career support & transportation services • \$270/week (scholarships available) 	
Suzy's Place	972-965-8148	Little Elm	<ul style="list-style-type: none"> • Women ONLY • Ages 17-60 • Transportation provided within a five-mile radius for the first three months • \$880/month (food included) 	
The Altruistic Movement	940-315-0303	Dallas	<ul style="list-style-type: none"> • Women ONLY • Structured, 12 step based • \$1000/month 	
The Esperanza	214-995-8255	Dallas	<ul style="list-style-type: none"> • Structured sober living apartment community • 21+ Women & men • Pet friendly • \$1610-1810/month 	

HOUSING & SHELTER	Contact	Location	Services	
Austin Street Center	214-428-4242	Dallas	<ul style="list-style-type: none"> • Women: 18+, Men: 45+ • Walk-up intake: availability on a lottery system • Valid ID required, max of two bags no more than 25 lbs each • Provide many wrap-around services and programs 	
Family Gateway	214-823-4500 familygateway.org	Dallas (Dallas & Collin county residents ONLY)	<ul style="list-style-type: none"> • Accepts all types of families • Emergency shelter, supportive/rapid housing, general & vocational case management • Online application, must have proof of residency (prior is acceptable) 	
Genesis Women's Shelter	214-946-4357	Dallas	<ul style="list-style-type: none"> • Women & children fleeing domestic violence • Emergency shelter & transitional housing • Counseling & legal services 	
Giving Grace	940-382-0609	Denton	<ul style="list-style-type: none"> • Emergency shelter, permanent supportive housing with intensive case management, & rapid re-housing program • Takes families • Fill out a request for service form online 	
SafeHaven of Tarrant County	877-701-7233	Arlington & Fort Worth	<ul style="list-style-type: none"> • Emergency shelter, transitional housing, case management, & legal support • For women & their children fleeing domestic violence 	
The Bridge	214-670-1507	Dallas	<ul style="list-style-type: none"> • Daytime resource center & emergency night shelter for adults • Daily 12-step meetings onsite • Provide services that address both basic needs & long-term solutions 	
The Family Place	214-941-1991	Dallas	<ul style="list-style-type: none"> • Families & individuals fleeing domestic/family violence • Emergency shelter & transitional housing • Medical, dental, legal, & counseling services for shelter residents/clients 	
The Salvation Army of North Texas	Dallas: 214-424-7050 salvationarmyntx.org/north-texas/provide-housing	North Texas	<ul style="list-style-type: none"> • Emergency shelter, family housing case management program, & supportive/transitional housing • Multi-dimensional social services agency located in multiple North Texas cities 	
The Samaritan Inn	972-542-5302	McKinney (Collin County residents ONLY)	<ul style="list-style-type: none"> • Adults (children allowed) • Drug test & background check upon intake (must be 30 days substance-free) • Valid ID & SSN required for intake • Length of stay on a case-by-case basis 	
HEALTHCARE	Contact	Location	Services	
Agape Clinic	972-707-7782	Dallas	<ul style="list-style-type: none"> • Free medical, dental, & behavioral health services • \$50 donation appreciated • No income verification required 	
Community Health Clinic: Catholic Charities	972-547-0606	McKinney (Collin County residents ONLY)	<ul style="list-style-type: none"> • For low-income residents of Collin County only • Must be uninsured • Enrollment appointment required; must provide proof of income & residency 	
Dental Hygiene at El Centro	214-860-2301	Dallas	<ul style="list-style-type: none"> • Free dental cleaning, X-rays, dental health/oral cancer screenings, & more • Appointment based 	
Golden Cross Clinic	214-947-6700	Dallas (Dallas County residents ONLY)	<ul style="list-style-type: none"> • Low-cost health clinic with multiple specialties • Prescription assistance • Insurance & sliding scale self-pay 	

Healing Hands Ministries	214-221-0855 hbmhealth.org	Dallas	<ul style="list-style-type: none"> Dental, vision, behavioral, pediatric, women's health, & pharmacy Fill out the online form; must provide proof of income Accepts most insurances, sliding scale fee for uninsured/underinsured patients 	
Jewish Family Services Clinic	469-780-4590	Dallas	<ul style="list-style-type: none"> Healthcare & behavioral health Accepts Medicaid, Medicare, & most insurance Income-based discounts are offered 	
Julia's Center for Healthcare	972-535-5099	Plano (Collin County residents ONLY)	<ul style="list-style-type: none"> Basic medical services, women's health, eye clinic, & orthopedic services Clinic is open Tuesday & Thursday; by appointment only Uninsured/underinsured Free services to those who qualify; donations encouraged/may be requested. 	
Prism Health	214-521-5191 phntx.org/locations	Dallas	<ul style="list-style-type: none"> Healthcare, dental, behavioral health, & pharmacy Multiple locations in Dallas Accepts Medicaid, Medicare, & most major insurance plans Sliding scale & financial assistance program available (proof of income required) 	
Watermark Urgent Care	Skillman Clinic: 469-317-0028 Mobile Clinic: 214-613-1622	Mobile	<ul style="list-style-type: none"> Treatment for coughs, colds, flu, infections, earaches, rashes, lacerations, minor traumas, & injuries \$10 contribution recommended 	
MENTAL HEALTH	Contact	Location	Services	
Aadhar (NTBHA)	972-267-5976	Plano	<ul style="list-style-type: none"> Sliding scale, low-cost services for those who qualify (proof of income required) Psychiatric evaluation, case management, counseling/therapy, medication management, educational workshops All ages 	
Family Tree Program	888-837-0666	Dallas & Denton (Dallas & Denton County residents ONLY)	<ul style="list-style-type: none"> Free counseling for eligible families Short term: family counseling, youth skills classes, & parenting skills classes Online request for services 	
Here for Texas Navigation Line	972-525-8181	Dallas	<ul style="list-style-type: none"> Mental health resources navigation line Monday-Friday 10 am-6 pm English & Spanish 	
Metrocare	Admin Office: 214-743-1200 Crisis Hotline: 214-743-1215	Dallas	<ul style="list-style-type: none"> Mental health, chemical dependency, pharmacy, social services for adults, children, homeless, & veterans Sliding scale and works with government plans (will NOT turn people away based on ability to pay) 	
NTBHA (North Texas Behavioral Health Authority)	Crisis Hotline: 866-260-8000 Information: 214-366-9407	Dallas	<ul style="list-style-type: none"> Referrals to mental health/substance abuse resources Offer assistance with ID/ critical documents, transportation, recovery support services Bilingual services available 	
Recovery Resource Council	817-332-6329	Fort Worth, Dallas, & Denton	<ul style="list-style-type: none"> Counseling, screenings, assessments, & addiction treatment Permanent supportive housing services Veteran & family support services Most services are provided free of charge, some are low cost 	
Richland Oaks Counseling Center	469-619-7622	Richardson, Plano, McKinney, & Prosper	<ul style="list-style-type: none"> Counseling & psychological assessments Sliding scale, low cost or free to those eligible Family Tree Program offered 	
Texas Eating Disorder Solutions	866-516-2498	Weatherford	<ul style="list-style-type: none"> Eating disorder treatment Residential, PHP, IOP, & therapy support Accepts most insurance 	

COMMUNITY	Contact	Location	Services	
ASPIRE	214-824-2000 aspiretolearn.org	Dallas	<ul style="list-style-type: none"> • ESL, GED prep, adult basic education, workforce training, early childhood education, & family literacy • \$40 for ESL, GED & adult basic education • Register online • Classes in-person & online 	
Brother Bill's Helping Hand	214-638-2196 bbhh.org	Dallas	<ul style="list-style-type: none"> • Grocery store: appointment needed (online sign-up) • Healthcare clinic: care for uninsured/underinsured adults (donations suggested for services) • Other programming: cooking classes, children's programs, senior classes, & adult education classes 	
Catholic Charities: Dallas	866-223-7500	Dallas	<ul style="list-style-type: none"> • Multi-dimensional organization that provides many services, including fixed/mobile food pantries, educational services, & many other social services 	
Dallas Christian Women's Job Corps	214-324-5665 dallascwjc.org	Dallas	<ul style="list-style-type: none"> • Tuition-free 8-week signature Workforce Readiness & Life Skills course • Enroll on website 	
Dallas Volunteer Attorney Program	214-243-2236	Dallas	<ul style="list-style-type: none"> • Legal aid for cases including bankruptcy, custody, child support, divorce, tenancy, & more • In person & virtual 	
Dogs Matter	217-714-8460 info@dogsmatter2.org dogsmatter2.org	Dallas	<ul style="list-style-type: none"> • Pet fostering services while the owner is in treatment • Must fill out temporary surrender application online • Must be actively seeking treatment or in recovery • Prioritizes those going to treatment for 90+ days 	
Dress for Success	972-392-9770	Dallas	<ul style="list-style-type: none"> • Leadership program, employment retention classes, & job training • Boutique for work clothing 	
Guiding Minds Ministries	214-613-6999 guidingmindsed.com	Dallas	<ul style="list-style-type: none"> • Career placement for individuals with criminal backgrounds • Education classes: anger management, substance abuse courses, life skills programs, & more • Intake must be done via an online form 	
Heart of Courage	972-803-3688	Dallas	<ul style="list-style-type: none"> • Education, court advocacy, mentoring, support groups, & job readiness for mothers' who have lost custody of their children 	
Hope Cottage	Hope Cottage: 214-526-8721 CeCe's Place: 214-970-3335	Dallas	<ul style="list-style-type: none"> • Pregnancy education, as well as counseling & adoption services • Joined "CeCe's Place" a clinic providing pregnancy confirmations, pre-natal care, & counseling/education 	
Irving Cares	972-721-9181	Irving (Irving residents only)	<ul style="list-style-type: none"> • Food pantry, rent & utility assistance, job search, & certification • For Irving residents only, including former Irving residents moving to another county for sober living 	
Jewish Family Services	972-437-9950 jfsdallas.org	Dallas	<ul style="list-style-type: none"> • Counseling, support groups, career & financial services, & food pantry • Food pantry is restricted to 23 zip codes; check website for locations & to make an appointment 	
Jubilee Park & Community Center	214-887-1364	Dallas	<ul style="list-style-type: none"> • Affordable housing initiative, free meals for children & seniors, ESL classes, early childhood education, computer literacy, & workforce certification • Free mental health services 	
Legal Aid of Northwest Texas	888-529-5277 leaglaidthx.org/locations	Northwest Texas (Multiple Locations)	<ul style="list-style-type: none"> • Does NOT cover criminal, business, or immigration • Online application available; check website for your nearest location 	
Metrocrest Services	972-446-2100 metrocrestservices.org	Carrollton (specific zip codes ONLY)	<ul style="list-style-type: none"> • Food pantry, housing (rent/utility assistance), employment coaching, financial education, & senior services • Pre-screening application online for services 	
New Friends New Life	214-965-0935	Dallas	<ul style="list-style-type: none"> • Access to education, job training, interim financial assistance, mental health, & spiritual support for trafficked, & exploited women/children • Offers free legal services to members of the program 	

North Texas Food Bank	214-330-1396 ntfb.org	Plano (Distribution all over North Texas)	<ul style="list-style-type: none"> • Food assistance & disaster relief • Has both mobile & fixed location food distribution (schedule & locations on website) 	
On the Road Lending	214-226-2542 ontheroadlending.org	Irving	<ul style="list-style-type: none"> • Affordable loans for low-income individuals to purchase fuel-efficient vehicles • Application & phone screening required 	
Operation Hope	888-388-4673	Dallas	<ul style="list-style-type: none"> • Coaching for credit & money management, homeownership, small business development, financial disaster recovery, & more 	
Opportunity Resource Services	817-241-4141	Cleburne (Dallas, Johnson & Tarrant Counties ONLY)	<ul style="list-style-type: none"> • Assistance with higher & continuing education, including application, & transcript costs 	
OurCalling	214-444-8796	Dallas	<ul style="list-style-type: none"> • Homeless outreach center (daytime only): provides laundry, showers, clothing resources, food, free WiFi, & more • Specialized services: medical & mental health, SNAP, ID, intake for rehabs, & housing assistance 	
The Phoenix	thephoenix.org		<ul style="list-style-type: none"> • App to connect with classes and events at The Phoenix • Social events, meditation, group fitness, running/hiking, and more • Free to anyone with 48 hours of continuous sobriety 	
Society of St. Vincent de Paul	469-607-0909	Dallas	<ul style="list-style-type: none"> • Utility and rent assistance, microloans, free/low cost pharmacy, food assistance, & more • Medical clinic open to those uninsured/underinsured 	
The Senior Source	469-564-1349	Dallas	<ul style="list-style-type: none"> • Financial assistance & money management, employment services, medicare counseling, computer literacy classes, utility assistance (60+ Dallas/Collin County residents) & more 	
The Stewpot	214-746-2785	Dallas	<ul style="list-style-type: none"> • Services for those experiencing homelessness • Grocery distribution, food pantry, & ID services • Parkland & Metrocare medical, mental health, & dental clinics • Housing services are on a referral basis ONLY 	
Unlocking Doors	214-296-9258	Dallas & Fort Worth	<ul style="list-style-type: none"> • Women & men's re-entry service with case management, navigation, & monitoring • Application, intake, & \$10 processing fee required 	
White Rock Center of Hope	214-324-8996 whiterockcenterofhope.org	Dallas (specific zip codes ONLY)	<ul style="list-style-type: none"> • Food pantry, clothing closet, financial assistance, financial education, & career services • Online application for financial assistance 	
Women's Center of Tarrant County	817-927-4040	Fort Worth	<ul style="list-style-type: none"> • Rape crisis & victim services, violence prevention & education, employment solutions, legal clinics, & general counseling 	

For more information or additional resources, please contact:

outreach@magdalenhouse.org