




The Magdalen House  
A RECOVERY COMMUNITY  
FOR ALCOHOLISM


Key	
	Low Cost
	No Cost
	Women Only
	Men Only

DETOX & TREATMENT	Contact	Location	Services	
Carrollton Regional Medical Center	972-492-1010	Carrollton	<ul style="list-style-type: none"> <li>Medical detox admitted through ER</li> <li>Accepts Medicare, Medicaid, &amp; most major insurances</li> </ul>	
Cenikor	1-888-CENIKOR (236-4567)	Irving & multiple other locations	<ul style="list-style-type: none"> <li>Detox &amp; residential treatment</li> <li>Accepts insurance &amp; offers financial assistance if uninsured</li> </ul>	
Center for Discovery	888-909-1409	Addison	<ul style="list-style-type: none"> <li>Eating disorder treatment IOP &amp; PHP</li> <li>All ages</li> <li>Residential for ages 8-19 in Plano</li> <li>Accepts most insurances</li> </ul>	
Hickory Trail Hospital	972-299-3548	DeSoto	<ul style="list-style-type: none"> <li>Detox, inpatient, IOP, PHP, &amp; counseling</li> <li>Accepts most insurances</li> </ul>	
Homeward Bound	214-941-3500	Dallas	<ul style="list-style-type: none"> <li>Detox admissions are Monday-Friday 8 am-4 pm on a first-come, first-serve basis</li> <li>Residential treatment, outpatient, &amp; crisis services</li> <li>Accepts those with or without insurance</li> </ul>	
La Hacienda Treatment Center	844-941-0466	Hunt	<ul style="list-style-type: none"> <li>Detox, residential, co-occurring disorders, &amp; trauma therapy</li> <li>Women &amp; men</li> <li>Private insurance</li> </ul>	
Men of Nehemiah	214-421-6705	Dallas	<ul style="list-style-type: none"> <li>No cost long-term treatment for alcohol &amp; substance abuse</li> <li>Faith-based, military style, &amp; 12-step focused</li> <li>Men ONLY</li> <li>18+</li> </ul>	
Nexus Recovery Center	214-321-0156 ext. 3118	Dallas	<ul style="list-style-type: none"> <li>Medical detox, residential &amp; outpatient services</li> <li>Child development center</li> <li>Programs tailored to pregnant &amp; parenting mothers</li> <li>Accepts those with or without insurance</li> </ul>	
Origins Recovery Center	844-276-3076	South Padre Island	<ul style="list-style-type: none"> <li>Detox &amp; residential treatment</li> <li>Men ONLY</li> <li>Private insurance</li> </ul>	
OSAR Texas Health & Human Services	OSAR Line: 844.275.0600 Crisis Hotline: 866-260-8000	Texas	<ul style="list-style-type: none"> <li>Will provide referrals to detox, treatment, &amp; other mental health resources</li> <li>OSAR line is for North Texas screenings; crisis hotline is available 24/7</li> </ul>	
Park Cities Medical Detox	214-647-5353	Dallas	<ul style="list-style-type: none"> <li>Medical detox admissions via phone screening</li> <li>Accepts Medicare, most major insurances, &amp; private pay options</li> <li>Will provide transportation</li> </ul>	
Stonegate Center	817-398-3998	Azle	<ul style="list-style-type: none"> <li>Detox &amp; residential treatment</li> <li>Women &amp; men (gender-specific facilities)</li> <li>Private insurance</li> </ul>	
Texas Eating Disorder Solutions	855-578-5100	Weatherford	<ul style="list-style-type: none"> <li>Eating disorder treatment</li> <li>Residential, PHP, IOP, &amp; therapy support</li> <li>Accepts most insurance</li> </ul>	
Texas Health Huguley Hospital	817-568-5950	Burleson	<ul style="list-style-type: none"> <li>Medical detox admitted through ER or by appointment</li> <li>Walk-ins Monday-Friday 8 am-4 pm</li> </ul>	








DETOX & TREATMENT				
Contact	Location	Services		
The Fullbrook Center	855-924-3579	Fort Worth	<ul style="list-style-type: none"> <li>Addiction &amp; trauma treatment</li> <li>Detox, residential, PHP, &amp; IOP</li> <li>Women ONLY</li> <li>Private insurance</li> </ul>	
The Haven Texas	903-609-0544	Farmers Branch	<ul style="list-style-type: none"> <li>Medical detox facility</li> <li>Accepts all insurance including Medicaid &amp; Medicare</li> <li>Will provide transportation</li> </ul>	
The Retreat	866-928-3434	Wayzata, MN	<ul style="list-style-type: none"> <li>Residential 12-step-based treatment</li> <li>Women &amp; men (gender-specific facilities)</li> <li>Private insurance</li> </ul>	
Valley Hope	817-424-1305	Grapevine	<ul style="list-style-type: none"> <li>Detox, residential, IOP, &amp; family care</li> <li>Accepts insurance, private pay, &amp; payment plans</li> </ul>	
SOBER LIVING				
Contact	Location	Services		
24 Hour Club	214-823-3200	Dallas	<ul style="list-style-type: none"> <li>Structured transitional recovery housing</li> <li>Women &amp; men</li> <li>Initial no-cost admission until employment</li> <li>Phase 1: \$84/week, Phase 2: \$119/week</li> </ul>	
Cardinal House	214-897-3092	Dallas, Frisco, Plano, Richardson	<ul style="list-style-type: none"> <li>Structured sober living</li> <li>Men ONLY</li> <li>\$850- \$1100/month</li> </ul>	
CLEAN Cause	<a href="mailto:hello@cleancause.com">hello@cleancause.com</a>		<ul style="list-style-type: none"> <li>Grants 30-day recovery housing scholarships</li> </ul>	
Elements Swiss Avenue	405-686-8854	Dallas	<ul style="list-style-type: none"> <li>Multiple options for structured sober living</li> <li>Participation in therapy required</li> <li>Women &amp; men</li> <li>\$3500-\$5000/month</li> </ul>	
Elevated Sober Living	214-354-4598 <a href="mailto:elevatedsoberliving@gmail.com">elevatedsoberliving@gmail.com</a> <a href="http://elevatedsoberliving.com">elevatedsoberliving.com</a>	Plano (Women's House) & McKinney (Men's House)	<ul style="list-style-type: none"> <li>Women &amp; men</li> <li>Apply online or by email for application</li> <li>\$260/week</li> </ul>	
Free Man House	Women's: 469-740-1043 Men's: 214-676-2693	Dallas	<ul style="list-style-type: none"> <li>Faith-based, structured sober living</li> <li>Women's &amp; Men's Houses</li> <li>\$715/month</li> </ul>	
Janie's Place	469-822-3167	Carrollton & Dallas	<ul style="list-style-type: none"> <li>Women ONLY</li> <li>Therapist &amp; recovery support specialist onsite</li> <li>Carrollton: \$950/month</li> <li>Dallas: \$1050/month</li> </ul>	
Oxford House	800-689-6411 <a href="http://oxfordvacancies.com">oxfordvacancies.com</a>	National	<ul style="list-style-type: none"> <li>Women, women &amp; children, &amp; men's houses</li> <li>Applicants must call first to set up an interview</li> <li>Check openings on website</li> <li>Prices vary, usually \$125-150/week</li> </ul>	
Patton Sober Living	972-656-9662	Dallas & Richardson	<ul style="list-style-type: none"> <li>Structured sober living</li> <li>Men ONLY</li> <li>\$4500/month</li> </ul>	
Real Deal Sober Living	469-599-2162 <a href="http://rdsoberliving.com">rdsoberliving.com</a>	Dallas & Richardson	<ul style="list-style-type: none"> <li>Women &amp; men</li> <li>Scholarships available on the website</li> <li>\$900-1,700/month</li> </ul>	
Simply Grace	214-774-9808	Dallas, Plano, Richardson, & Fort Worth	<ul style="list-style-type: none"> <li>Structured sober living with optional IOP</li> <li>Women ONLY; also have a Mommy &amp; Me house</li> <li>Volunteer &amp; job skills opportunities are available at Simply Grace thrift store located in Richardson</li> <li>\$200-220/week</li> </ul>	 



SOBER LIVING				
	Contact	Location	Services	
Sober Living America	877-430-0086	Dallas, Fort Worth, & Houston	<ul style="list-style-type: none"> <li>• Apartment-style sober living with roommates</li> <li>• Women &amp; men</li> <li>• Career support &amp; transportation services</li> <li>• \$800/month</li> </ul>	
Solutions of North Texas	940-898-6202 <a href="http://sontx.org">sontx.org</a>	Denton	<ul style="list-style-type: none"> <li>• Highly structured sober living with clinical, case management, &amp; legal support</li> <li>• Women &amp; men</li> <li>• \$250/week</li> <li>• Food &amp; transportation expenses included</li> <li>• Scholarships available on the website</li> </ul>	
Suzy's Place	972-965-8148	Little Elm	<ul style="list-style-type: none"> <li>• Women ONLY</li> <li>• Ages 17-60</li> <li>• Transportation provided within a five-mile radius for the first three months</li> <li>• \$880/month (food included)</li> </ul>	 
The Esperanza	214-995-8255	Dallas	<ul style="list-style-type: none"> <li>• Structured sober living apartment community</li> <li>• 21+</li> <li>• Pet friendly</li> <li>• \$1610-1810/month</li> </ul>	
Windhaven House	972-948-2612	Dallas	<ul style="list-style-type: none"> <li>• Structured transitional sober living</li> <li>• Women ONLY</li> <li>• In-house IOP required</li> <li>• \$6500/month</li> </ul>	
HOUSING & SHELTER				
	Contact	Location	Services	
Austin Street Center	214-428-4242	Dallas	<ul style="list-style-type: none"> <li>• Women: 18+, Men: 45+</li> <li>• Walk-up intake: availability on a lottery system</li> <li>• Valid ID required, maximum of two bags no more than 25 lbs each</li> <li>• Provide many wrap-around services and programs</li> </ul>	
CitySquare	469-904-7060	Dallas	<ul style="list-style-type: none"> <li>• Housing assistance &amp; case management, including homeless outreach &amp; crisis line</li> <li>• Food pantry is by appointment only</li> </ul>	
Dallas Life	214-421-1380	Dallas	<ul style="list-style-type: none"> <li>• Valid ID &amp; SSN required at intake</li> <li>• First three nights offered for free, then \$15/night; children stay for free</li> <li>• 10-month program with GED assistance, resume prep, job search assistance, &amp; more</li> </ul>	
Family Gateway	214-823-4500 <a href="http://familygateway.org">familygateway.org</a>	Dallas (Dallas & Collin County residents ONLY)	<ul style="list-style-type: none"> <li>• Accepts all types of families</li> <li>• Emergency shelter, supportive/rapid housing, general &amp; vocational case management</li> <li>• Online application, must have proof of residency (prior is acceptable)</li> </ul>	
From Ordinary to Extraordinary	214-272-7733	Dallas	<ul style="list-style-type: none"> <li>• Maternity home &amp; resource center for pregnant women/teens experiencing domestic violence</li> <li>• Cosmetology school/apprenticeship &amp; medical field training programs</li> </ul>	
Genesis Center North Texas	972-932-4351	Kaufman	<ul style="list-style-type: none"> <li>• Women &amp; children in crisis (substance abuse, domestic violence, homelessness)</li> <li>• Long-term facility, up to one year</li> <li>• Job &amp; GED training, medical &amp; mental health resources, spiritual mentoring</li> </ul>	 
Genesis Women's Shelter	214-946-4357	Dallas	<ul style="list-style-type: none"> <li>• Women &amp; children fleeing domestic violence</li> <li>• Emergency shelter &amp; transitional housing</li> <li>• Counseling &amp; legal services</li> </ul>	 

HOUSING & SHELTER	Contact	Location	Services	
Giving Grace	940-382-0609	Denton	<ul style="list-style-type: none"> <li>• Emergency shelter, permanent supportive housing with intensive case management, &amp; rapid re-housing program</li> <li>• Takes families</li> <li>• Fill out a request for service form online</li> </ul>	
Hope's Door New Beginning Center	972-276-0057	Plano	<ul style="list-style-type: none"> <li>• Adults &amp; children fleeing domestic violence</li> <li>• 90-day stay emergency shelter</li> <li>• Non-shelter services: legal, victim advocacy, advancement training, community resources, &amp; counseling</li> </ul>	 
In My Shoes	945-239-3496	Dallas	<ul style="list-style-type: none"> <li>• 18+ expectant mothers who are homeless or at risk of becoming homeless</li> <li>• Transitional housing, individual &amp; group therapy, food &amp; clothing assistance, parenting &amp; life skills training, work &amp; school support</li> </ul>	
Mosaic Family Services	214-823-4434	Dallas	<ul style="list-style-type: none"> <li>• Safe emergency housing for women &amp; children fleeing domestic violence &amp; human trafficking</li> <li>• Comprehensive case management &amp; assistance with legal, medical, &amp; educational needs</li> </ul>	
Our Calling	214-444-8796	Dallas	<ul style="list-style-type: none"> <li>• Homeless shelter &amp; homeless outreach center (daytime only)</li> <li>• Center provides laundry, showers, clothing resources, food, free WiFi, &amp; more</li> <li>• Specialized services: medical &amp; mental health, VA, SNAP, ID, intake for rehabs, &amp; housing assistance</li> </ul>	
Restored Hope Ministries	833-334-0035	Dallas	<ul style="list-style-type: none"> <li>• For women (aged 17- 45) and their children who have been victims of sex trafficking &amp; sexual exploitation</li> <li>• 12 to 24 months of transitional housing with spiritual &amp; physical self-help programs</li> </ul>	 
SafeHaven of Tarrant County	1-877-701-7233	Arlington & Fort Worth	<ul style="list-style-type: none"> <li>• Emergency shelter, transitional housing, case management, &amp; legal support</li> <li>• For women &amp; their children fleeing domestic violence</li> </ul>	 
Shared Housing Center	214-821-8510	Dallas (Dallas County residents ONLY)	<ul style="list-style-type: none"> <li>• Housing &amp; supportive services</li> <li>• Group residence options available</li> <li>• 21+</li> </ul>	
The Bridge	214-670-1507	Dallas	<ul style="list-style-type: none"> <li>• Daytime resource center &amp; emergency night shelter for adults</li> <li>• Daily 12-step meetings onsite</li> <li>• Provide services that address both basic needs &amp; long-term solutions</li> </ul>	
The Family Place	214-941-1991	Dallas	<ul style="list-style-type: none"> <li>• Families &amp; individuals fleeing domestic/family violence</li> <li>• Emergency shelter &amp; transitional housing</li> <li>• Medical, dental, legal, &amp; counseling services for shelter residents/clients</li> </ul>	
The Salvation Army of North Texas	<a href="https://salvationarmyntx.org/north-texas/provide-housing">salvationarmyntx.org/north-texas/provide-housing</a>	North Texas	<ul style="list-style-type: none"> <li>• Emergency shelter, family housing case management program, &amp; supportive/transitional housing</li> <li>• Multi-dimensional social services agency located in multiple North Texas cities</li> <li>• Refer to website for the number of location that best fits your needs</li> </ul>	
The Samaritan Inn	972-542-5302	McKinney (Collin County residents ONLY)	<ul style="list-style-type: none"> <li>• Adults (children allowed)</li> <li>• Drug test &amp; background check upon intake (must be 30 days substance-free)</li> <li>• ID &amp; Social Security Card required for intake</li> <li>• Length of stay on a case-by-case basis</li> </ul>	

HEALTHCARE	Contact	Location	Services	
Agape Clinic	972-707-7782	Dallas	<ul style="list-style-type: none"> <li>Free medical, dental, &amp; behavioral health services</li> <li>\$50 donation appreciated</li> <li>No income verification required</li> </ul>	
Community Health Clinic: Catholic Charities	972-547-0606	McKinney (Collin County residents ONLY)	<ul style="list-style-type: none"> <li>For low-income residents of Collin County, only</li> <li>Must be uninsured</li> <li>Enrollment appointment required; must provide proof of income &amp; residency</li> </ul>	
Dental Hygiene at El Centro	214-860-2301	Dallas	<ul style="list-style-type: none"> <li>Free dental cleaning, X-rays, dental health/oral cancer screenings, &amp; more</li> <li>Appointment based</li> </ul>	
Golden Cross Clinic	214-947-6700	Dallas (Dallas County residents ONLY)	<ul style="list-style-type: none"> <li>Low-cost health clinic with multiple specialties</li> <li>Prescription assistance</li> <li>Insurance &amp; sliding scale self-pay</li> </ul>	
Healing Hands Ministries	214-221-0855 <a href="http://hhmhealth.org">hhmhealth.org</a>	Dallas	<ul style="list-style-type: none"> <li>Dental, vision, behavioral, pediatric, women's health, &amp; pharmacy</li> <li>Fill out the online form; must provide proof of income</li> <li>Accepts most insurances, sliding scale fee for uninsured/underinsured patients</li> </ul>	
Jewish Family Services Clinic	469-780-4590	Dallas	<ul style="list-style-type: none"> <li>Healthcare &amp; behavioral health</li> <li>Accepts Medicaid, Medicare, &amp; most insurance</li> <li>Income-based discounts are offered</li> </ul>	
Julia's Center for Healthcare	972-535-5099	Plano (Collin County residents ONLY)	<ul style="list-style-type: none"> <li>Basic medical services, women's health, eye clinic, &amp; orthopedic services</li> <li>Clinic is open Tuesday &amp; Thursday; by appointment only</li> <li>Uninsured/underinsured</li> <li>Free services to those who qualify; donations encouraged/may be requested.</li> </ul>	
Oak Street Health	855-563-3674	North Texas	<ul style="list-style-type: none"> <li>Medicare ONLY</li> <li>PCP &amp; insurance navigation</li> <li>Will provide transportation to appointments</li> <li>Multiple locations</li> </ul>	
Parkland Satellite Clinics	214-266-4000	Dallas (Dallas County residents ONLY)	<ul style="list-style-type: none"> <li>Geriatric, primary care, pediatric, &amp; women's health services</li> <li>Multiple clinic locations in Dallas</li> <li>Financial assistance &amp; insurance assistance available</li> <li>Proof of residency required</li> </ul>	
Prism Health	<a href="http://phntx.org/locations">phntx.org/locations</a>	Dallas	<ul style="list-style-type: none"> <li>Healthcare, dental, behavioral health, &amp; pharmacy</li> <li>Multiple locations in Dallas</li> <li>Accepts Medicaid, Medicare, &amp; most major insurance plans</li> <li>Sliding scale &amp; financial assistance program available (proof of income required)</li> </ul>	
Talk About It Dallas	<a href="http://talkaboutitdallas.com">talkaboutitdallas.com</a>	Online	<ul style="list-style-type: none"> <li>Clinic finder by zip code with all listed resources.</li> </ul>	
Watermark Urgent Care	Skillman Clinic: 469-317-0028 Mobile Clinic: 214-613-1622	Mobile	<ul style="list-style-type: none"> <li>Treatment for coughs, colds, flu, infections, earaches, rashes, lacerations, minor traumas, &amp; injuries</li> <li>\$10 contribution recommended</li> </ul>	
MENTAL HEALTH	Contact	Location	Services	
Family Tree Program	888-837-0666	Dallas & Denton (Dallas & Denton County residents ONLY)	<ul style="list-style-type: none"> <li>Free counseling for eligible families</li> <li>Short term: family counseling, youth skills classes, &amp; parenting skills classes</li> <li>Online request for services</li> </ul>	
Foundation 45	<a href="http://foundation45.org/i-need-help">foundation45.org/i-need-help</a>	Dallas (Texas Residents Only)	<ul style="list-style-type: none"> <li>Free group counseling sessions by LPCs</li> <li>In-person and virtual</li> <li>18+</li> <li>TX residents</li> <li>Free art therapy on the last Saturday of each month</li> </ul>	

Here for Texas Navigation Line	972-525-8181	Dallas	<ul style="list-style-type: none"> <li>• Mental health resources navigation line</li> <li>• Monday-Friday 10 am-6 pm</li> <li>• English &amp; Spanish</li> </ul>	
Medical City: Green Oaks	972-991-9504	Dallas	<ul style="list-style-type: none"> <li>• In-patient, IOP mental health, &amp; dual diagnosis care</li> </ul>	
Metrocare	Admin Office: 214-743-1200 Crisis Hotline: 214-743-1215	Dallas	<ul style="list-style-type: none"> <li>• Mental health, chemical dependency, pharmacy, social services for adults, children, homeless, &amp; veterans</li> <li>• Sliding scale and works with government plans (will NOT turn people away based on ability to pay)</li> </ul>	
NTBHA: Crisis Services	866-260-8000 <a href="http://ntbha.org">ntbha.org</a>	Dallas	<ul style="list-style-type: none"> <li>• 24/7 crisis hotline</li> <li>• In-person services for people facing a mental health crisis</li> <li>• Check the website for other mental health services &amp; resources</li> </ul>	
Recovery Resource Council	817-332-6329	Fort Worth, Dallas, & Denton	<ul style="list-style-type: none"> <li>• Counseling, screenings, assessments, &amp; addiction treatment</li> <li>• Permanent supportive housing services</li> <li>• Veteran &amp; family support services</li> </ul>	
Richland Oaks Counseling Center	469-619-7622	Richardson, Plano, McKinney, & Prosper	<ul style="list-style-type: none"> <li>• Counseling &amp; psychological assessments</li> <li>• Sliding scale, low cost or free to those eligible</li> <li>• Reduced fee services starting at \$50/session with supervised graduate students</li> </ul>	
<b>COMMUNITY</b>	<b>Contact</b>	<b>Location</b>	<b>Services</b>	
ASPIRE	214-824-2000 <a href="http://aspiretolearn.org">aspiretolearn.org</a>	Dallas	<ul style="list-style-type: none"> <li>• ESL, GED prep, adult basic education, workforce training, early childhood education, &amp; family literacy</li> <li>• \$40 for ESL, GED &amp; adult basic education</li> <li>• Register online</li> <li>• Classes in-person &amp; online</li> </ul>	
Annie's Place	<a href="http://anniesplacecares.org">anniesplacecares.org</a>	Dallas	<ul style="list-style-type: none"> <li>• Free childcare for parents/families to attend medical appointments (including mental health)</li> <li>• Apply online for approval &amp; scheduling</li> </ul>	
Attitudes & Attire	214-630-1667	Dallas	<ul style="list-style-type: none"> <li>• Workshops to assist with job search, self-esteem, &amp; wardrobe to enter the workforce</li> <li>• Free dental services to those who complete core workshops &amp; volunteer</li> <li>• Low income only</li> </ul>	
Autocare Haven	<a href="http://autocarehaven.org">autocarehaven.org</a>	Plano (Collin, Dallas, Rockwall, Denton & Tarrant Counties ONLY)	<ul style="list-style-type: none"> <li>• Mobile mechanics, free vehicle repairs</li> <li>• Does NOT include Body work, A/C, cruise control, power equipment, radio, transmission, or engine</li> <li>• Apply online &amp; allow 24-48 hours</li> <li>• Must have valid insurance, ID, &amp; proof of residency</li> </ul>	
Brother Bill's Helping Hand	214-638-2196 <a href="http://bbhh.org">bbhh.org</a>	Dallas	<ul style="list-style-type: none"> <li>• Grocery store: appointment needed (online sign-up)</li> <li>• Healthcare clinic: care for uninsured/underinsured adults (donations suggested for services)</li> <li>• Other programming: cooking classes, children's programs, senior classes, &amp; adult education classes</li> </ul>	
Catholic Charities: Dallas	866-223-7500	Dallas	<ul style="list-style-type: none"> <li>• Multi-dimensional organization that provides many services, including fixed/mobile food pantries, educational services, &amp; many other social services</li> </ul>	
Crossroads Community Services	469-860-6090	Dallas (Certain Dallas County zip codes ONLY)	<ul style="list-style-type: none"> <li>• Food pantry, food distribution, &amp; food coaching</li> <li>• By appointment only (call to schedule)</li> </ul>	
Dallas Christian Women's Job Corps	214-324-5665 <a href="http://dallaswcjc.org">dallaswcjc.org</a>	Dallas	<ul style="list-style-type: none"> <li>• Tuition-free 8-week signature Workforce Readiness &amp; Life Skills course</li> <li>• Enroll on website</li> </ul>	
Dallas Volunteer Attorney Program	214-243-2236	Dallas	<ul style="list-style-type: none"> <li>• Legal aid for cases including bankruptcy, custody, child support, divorce, tenancy, &amp; more</li> <li>• Four clinic locations in Dallas</li> </ul>	

COMMUNITY	Contact	Location	Services	
Dogs Matter	217-714-8460 <a href="mailto:info@dogsmatter2.org">info@dogsmatter2.org</a> <a href="http://dogsmatter2.org">dogsmatter2.org</a>	Dallas	<ul style="list-style-type: none"> <li>• Pet fostering services while the owner is in treatment</li> <li>• Must fill out temporary surrender application online</li> <li>• Must be actively seeking treatment or in recovery</li> <li>• Prioritizes those going to treatment for 90+ days</li> </ul>	
Dress for Success	972-392-9770	Dallas	<ul style="list-style-type: none"> <li>• Leadership program, employment retention classes, &amp; job training</li> <li>• Boutique for work clothing</li> </ul>	
Guiding Minds Ministries	214-613-6999 <a href="http://guidingmindshed.com">guidingmindshed.com</a>	Dallas	<ul style="list-style-type: none"> <li>• Career placement for individuals with criminal backgrounds</li> <li>• Education classes: anger management, substance abuse courses, life skills programs, &amp; more</li> <li>• Intake must be done via an online form</li> </ul>	
Heart of Courage	972-920-6510	Dallas	<ul style="list-style-type: none"> <li>• Education, court advocacy, mentoring, support groups, &amp; job readiness to mother's who have lost custody of their children</li> </ul>	
Hope Cottage	Hope Cottage: 214-526-8721 CeCe's Place: 972-354-8713	Dallas	<ul style="list-style-type: none"> <li>• Pregnancy education, as well as counseling &amp; adoption services</li> <li>• Joined "CeCe's Place" a clinic providing pregnancy confirmations, pre-natal care, &amp; counseling/education</li> </ul>	
Irving Cares	972-721-9181	Irving (Irving residents only)	<ul style="list-style-type: none"> <li>• Food pantry, rent &amp; utility assistance, job search, &amp; certification</li> <li>• For Irving residents only, including former Irving residents moving to another county for sober living</li> </ul>	
Jewish Family Services	972-437-9950 <a href="http://jfsdallas.org">jfsdallas.org</a>	Dallas	<ul style="list-style-type: none"> <li>• Counseling, support group, career &amp; financial services, &amp; food pantry.</li> <li>• Food pantry is restricted to 23 zip codes; check website for locations &amp; to make an appointment</li> </ul>	
Jubilee Park & Community Center	214-887-1364	Dallas	<ul style="list-style-type: none"> <li>• Affordable housing initiative, free meals for children &amp; seniors, ESL classes, early childhood education, computer literacy, &amp; workforce certification</li> <li>• Free mental health services</li> </ul>	
Legal Aid of Northwest Texas	<a href="http://internet.lanwt.org/locations">internet.lanwt.org/locations</a>	Northwest Texas (Multiple Locations)	<ul style="list-style-type: none"> <li>• General civil intake, including family law, wills &amp; estates, landlord/tenant cases, public benefits, federal tax, &amp; real property matters</li> <li>• Must be 125% or below the federal poverty guideline</li> <li>• Does NOT cover criminal, business, or immigration</li> <li>• Online application available; check website for your nearest location</li> </ul>	
Literacy Achieves	214-265-5057	Dallas	<ul style="list-style-type: none"> <li>• Adult English literacy program, early childhood education program, &amp; student support services</li> </ul>	
Metrocrest Services	972-446-2100 <a href="http://metrocrestservices.org">metrocrestservices.org</a>	Carrollton (specific zip codes ONLY)	<ul style="list-style-type: none"> <li>• Food pantry, housing (rent/utility assistance), employment coaching, financial education, &amp; senior services</li> <li>• Pre-screening application online for services</li> </ul>	
Miles of Freedom	214-290-2337	Dallas	<ul style="list-style-type: none"> <li>• Re-entry Assistance Program: case management, job readiness workshops, &amp; employment assistance</li> <li>• Transition to Employment Program: paid work ethics training while utilizing resources provided by MOF to secure permanent employment</li> </ul>	
New Friends New Life	214-965-0935	Dallas	<ul style="list-style-type: none"> <li>• Access to education, job training, interim financial assistance, mental health, &amp; spiritual support for trafficked, &amp; exploited women/children</li> <li>• Offers free legal services to members of the program</li> </ul>	
North Texas Food Bank	214-330-1396 <a href="http://ntfb.org">ntfb.org</a>	Plano (Distribution all over North Texas)	<ul style="list-style-type: none"> <li>• Food assistance &amp; disaster relief</li> <li>• Has both mobile &amp; fixed location food distribution (schedule &amp; locations on website)</li> </ul>	

COMMUNITY	Contact	Location	Services	
On the Road Lending	<a href="http://ontheroadlending.org">ontheroadlending.org</a>	Irving	<ul style="list-style-type: none"> <li>Affordable loans for low-income individuals to purchase fuel-efficient vehicles</li> <li>Application &amp; phone screening required</li> </ul>	
Operation Hope	888-388-4673	Dallas	<ul style="list-style-type: none"> <li>Coaching for credit &amp; money management, homeownership, small business development, financial disaster recovery, &amp; more</li> </ul>	
Opportunity Resource Services	817-241-4141	Cleburne (Dallas, Johnson & Tarrant Counties ONLY)	<ul style="list-style-type: none"> <li>Assistance with higher &amp; continuing education, including application, &amp; transcript costs</li> </ul>	
OurCalling	214-444-8796	Dallas	<ul style="list-style-type: none"> <li>Homeless outreach center (daytime only)</li> <li>Center provides laundry, showers, clothing resources, food, free WiFi, &amp; more</li> <li>Specialized services: medical &amp; mental health, SNAP, ID, intake for rehabs, &amp; housing assistance</li> </ul>	
Sharing Life Community Outreach	972-285-5819	Mesquite (specific zip codes ONLY)	<ul style="list-style-type: none"> <li>Food pantry, clothing closet, rent &amp; utilities assistance</li> <li>Food pantry is appointment based &amp; NOT zip code restricted</li> <li>Financial assistance is only available for certain Mesquite, Garland, Sunnyvale, Balch Springs, Seagoville, Rowlett, Rockwall, &amp; Forney zip codes</li> </ul>	
Society of St. Vincent de Paul	469-607-0909	Dallas	<ul style="list-style-type: none"> <li>Utility and rent assistance, microloans, free/low cost pharmacy, food assistance, &amp; more</li> <li>Medical clinic open to those uninsured/underinsured</li> </ul>	
South Dallas Employment Project	214-432-3436	Dallas (South Dallas)	<ul style="list-style-type: none"> <li>Provides programs/services for employment, housing, transportation, community reintegration, &amp; digital literacy</li> </ul>	
The Senior Source	214-823-5700	Dallas	<ul style="list-style-type: none"> <li>Financial assistance &amp; money management, employment services, utility assistance, medicare counseling, computer literacy classes, &amp; more</li> <li>Utility services only available for 60+ Dallas or Collin County residents</li> </ul>	
The Stewpot	214-746-2785	Dallas	<ul style="list-style-type: none"> <li>Services for those experiencing homelessness</li> <li>Grocery distribution, food pantry, ID services, &amp; housing services</li> <li>Parkland &amp; Metrocare medical, mental health, &amp; dental clinics</li> <li>Housing services are on a referral basis ONLY</li> </ul>	
Unlocking Doors	214-296-9258	Dallas	<ul style="list-style-type: none"> <li>Women &amp; men's re-entry service with case management, navigation, &amp; monitoring</li> <li>Application, intake, &amp; \$10 processing fee required</li> </ul>	
Well Grounded Community Coffee	214-918-3538	Dallas	<ul style="list-style-type: none"> <li>Employs formerly incarcerated women or women in need of second chances</li> </ul>	
White Rock Center of Hope	214-324-8996 <a href="http://whiterockcenterofhope.org">whiterockcenterofhope.org</a>	Dallas (75214, 75218, 75223, 75228, 75238 ONLY)	<ul style="list-style-type: none"> <li>Food pantry, clothing closet, financial assistance, financial education, &amp; career services</li> <li>Online application for financial assistance</li> </ul>	
Women's Center of Tarrant County	817-927-4040	Fort Worth	<ul style="list-style-type: none"> <li>Rape crisis &amp; victim services, violence prevention &amp; education, employment solutions, legal clinics, &amp; general counseling</li> </ul>	