


























The Magdalen House
A RECOVERY COMMUNITY
FOR ALCOHOLIC WOMEN











KEY	
	Low-cost
	No-cost
	Children

RECOVERY	CONTACT	LOCATION	SERVICES	KEY
24 Hour Club	214-823-3200	Dallas	<ul style="list-style-type: none"> Transitional recovery housing for men & women. Initial no-cost admission until employment. 	
BreakThru (Crescent Medical Center)	469-297-5447	Lancaster	<ul style="list-style-type: none"> Detox facility that accepts all insurances including Medicaid & Medicare. 	
Butterfly Way	469-998-1922	Richardson	<ul style="list-style-type: none"> Sober living for women 25+ only. 	
Center for Discovery	866-824-1449	Addison	<ul style="list-style-type: none"> Eating disorder treatment IOP & PHP in Addison for all ages. Residential for ages 8-19 in Plano. 	
CLEAN Cause	hello@cleancause.com		<ul style="list-style-type: none"> Grants 30-day recovery housing scholarships. 	
Elevated Sober Living	214-354-4598	Plano	<ul style="list-style-type: none"> elevatedsoberliving@gmail.com for application. 	
Hickory Trail Hospital	972-298-7323	DeSoto	<ul style="list-style-type: none"> Behavioral inpatient, IOP, PHP & counseling. Accepts most insurances. 	
Homeward Bound	214-941-3500	Dallas	<ul style="list-style-type: none"> Residential, outpatient & crisis services. Detox admissions are 8 a.m.-4 p.m. M-F on a first-come, first-serve basis. 	
Janie's Place	469-822-3167	Carrollton	<ul style="list-style-type: none"> Therapist & recovery support specialist onsite. 	
Mommies in Need - Annie's Place	214-266-8064	Dallas	<ul style="list-style-type: none"> Childcare for parents/families experiencing health issues (including recovery). 	
Nexus Recovery Center	214-321-0156	Dallas	<ul style="list-style-type: none"> Residential, medical & outpatient services. Child development center as well as programs tailored to pregnant & parenting mothers. 	
Oxford House	800-689-6411	National	<ul style="list-style-type: none"> Applicants must call first to set up an interview. 	
Real Deal Sober Living	469-599-2162	Dallas & Richardson	<ul style="list-style-type: none"> Scholarships available online at rdsobberliving.com. Sober living home options from \$900-\$1,700. 	
Sacha Sober Living	210-323-3779	McKinney	<ul style="list-style-type: none"> High structure/accountability sober living home. Counseling services available. 	
Simply Grace	214-774-9808	Dallas, Plano, Richardson & Fort Worth	<ul style="list-style-type: none"> Residential & IOP sober living homes for women, Volunteer & job skills opportunities are available at Simply Grace thrift store located in Richardson. 	
Sober Living America	877-430-0086	Grand Prairie	<ul style="list-style-type: none"> Job placement assistance. 	
Solutions of North Texas	940-898-6202	Denton	<ul style="list-style-type: none"> Residential, clinical, case management & legal support. Scholarships available at sontx.org. 	
Starlite Recovery Center	830-460-6655	Center Point	<ul style="list-style-type: none"> Residential & IOP that takes most insurances. 	
Suzu's Place	972-965-8148	Frisco	<ul style="list-style-type: none"> Sober living for women with employment search support. 	
Texas Eating Disorder Solutions	888-461-0328	Dallas	<ul style="list-style-type: none"> Residential, PHP, IOP & therapy support. 	
The Esperanza	214-995-8255	Dallas	<ul style="list-style-type: none"> 21+ 	
The Haven	903-609-0544	Sherman	<ul style="list-style-type: none"> Detox facility that accepts all insurances including Medicaid & Medicare. 	
UT Dallas - Center for Students in Recovery	972-883-7320	Richardson	<ul style="list-style-type: none"> Sober social activities & volunteer/service opportunities. 	
Valley Hope	817-424-1305	Grapevine	<ul style="list-style-type: none"> Detox, residential, IOP & family care. 	
Windhaven House	972-948-2612	Dallas	<ul style="list-style-type: none"> Transitional sober living & IOP for women. 	

HOUSING & SHELTER	CONTACT	LOCATION	SERVICES	KEY
Austin Street Center	214-428-4242	Dallas	<ul style="list-style-type: none"> Men 45+ Women 18+ 	
Dallas Life	214-421-1380	Dallas	<ul style="list-style-type: none"> Valid ID & SSN required at intake. First three nights offered for free, then \$15/night; children stay for free. 	
Family Gateway	214-823-4500	Dallas	<ul style="list-style-type: none"> Accepts all types of families. Emergency shelter, supportive housing & case management. 	
From Ordinary to Extraordinary	469-254-5417	Dallas	<ul style="list-style-type: none"> Maternity home & resource center for pregnant women/teens experiencing domestic violence. Cosmetology & barber school/apprenticeship. 	
Genesis Center North Texas	972-932-4351	Kaufman	<ul style="list-style-type: none"> Women & children in crisis. 	
Genesis Women's Shelter	214-946-4357	Dallas	<ul style="list-style-type: none"> Women & children fleeing domestic violence. 	
Hope's Door New Beginning Center	972-276-0057	Dallas	<ul style="list-style-type: none"> Women & children fleeing domestic violence. 	
In My Shoes	469-857-3264	Dallas	<ul style="list-style-type: none"> 18+ expectant mothers who are homeless or at risk of becoming homeless. 	
OurCalling	214-444-8796	Dallas	<ul style="list-style-type: none"> Homeless shelter & homeless outreach center (daytime only) 	
Restored Hope Ministries	833-334-0035	Dallas	<ul style="list-style-type: none"> For women aged 17-45 who have been victims of sex trafficking & sexual exploitation. 	
SafeHaven of Tarrant County	877-701-7233	Arlington & Fort Worth	<ul style="list-style-type: none"> Emergency shelter, transitional housing, case management & legal support for women & their child(ren) fleeing domestic violence. 	
The Salvation Army of North Texas	214-424-7000	Dallas	<ul style="list-style-type: none"> Multi-dimensional social services agency located in 8 other North Texas cities. 	
The Samaritan Inn	972-542-5302	McKinney	<ul style="list-style-type: none"> Collin County residents only. Drug test & background check upon intake. 	
Shared Housing Center	214-821-8510	Dallas	<ul style="list-style-type: none"> Housing options & supporting services. Home share & group residence options available. 	
The Bridge	214-670-1100	Dallas	<ul style="list-style-type: none"> Day & night shelter for adults with daily AA meetings onsite. 	
The Family Place	214-941-1991	Dallas	<ul style="list-style-type: none"> Families & individuals fleeing domestic/family violence. 	

HEALTHCARE	CONTACT	LOCATION	SERVICES	KEY
Agape Clinic	972-707-7782	Dallas	<ul style="list-style-type: none"> Medical, dental & behavioral healthcare services. \$50 donation appreciated. 	
Dental Hygiene at El Centro	214-860-2301	Dallas	<ul style="list-style-type: none"> Deep dental cleaning, X-rays, dental health/oral cancer screenings & more. 	
Healing Hands Ministries	214-221-0855	Dallas	<ul style="list-style-type: none"> Dental, vision, behavioral, pediatric, women's health & pharmacy. Accepts most insurances as well as a sliding scale fee for uninsured/underinsured patients. 	
Julia's Center for Healthcare	972-535-5099	Plano	<ul style="list-style-type: none"> Basic medical services, women's health, eye clinic & orthopedic. Uninsured/underinsured Collin County residents only. Donations encouraged/may be requested. 	
Mission East Dallas	972-535-5099	Mesquite	<ul style="list-style-type: none"> Medical, dental, pediatric & behavioral health services. Community clinic including enrollment assistance. 	
Parkland Hatcher Station Clinic	214-266-1000	Dallas	<ul style="list-style-type: none"> Geriatric, primary care, pediatric & women's health services. Financial assistance & Parkland insurance available 	
Watermark Urgent Care	469-317-0028	Dallas	<ul style="list-style-type: none"> \$10 contribution recommended. Appointment not necessary; first-come, first-served to daily capacity. Treatment for coughs, colds, flu, infections, earaches, rashes, lacerations, minor traumas & injuries. 	
Talk About It Dallas	www.talkaboutitdallas.com		<ul style="list-style-type: none"> Clinic finder by zip code with all listed resources. 	

MENTAL HEALTH	CONTACT	LOCATION	SERVICES	KEY
ADAPT Community Solutions & Mobile Crisis Team	866-260-8000	Dallas County	<ul style="list-style-type: none"> 24-hour crisis hotline & face-to-face mental health services for people experiencing a mental health crisis. 	
Dallas Metro Care (MHMR)	214-421-1380	Dallas	<ul style="list-style-type: none"> Behavior treatment, chemical dependency programs, pharmacy services, social services, child & adolescent services & programs. 	
Family Tree Program	214-823-4500	Dallas & Denton Counties	<ul style="list-style-type: none"> Counseling for families of Dallas & Denton counties. 	
Foundation 45	469-254-5417	Dallas	<ul style="list-style-type: none"> Counseling by LPCs for addiction, dual diagnosis & trauma. Specific to people who have had thoughts of suicide or lost a loved one to suicide. Free art therapy the last Saturday of each month. 	
Green Oaks	972-991-9504	Dallas	<ul style="list-style-type: none"> In-patient & IOP mental health & dual diagnosis care. 	
Rainbow Days	214-887-0726	Dallas	<ul style="list-style-type: none"> Counseling groups for children (ages 4-17) in high risk situations. 	
Recovery Resource Council	817-332-6329	Fort Worth	<ul style="list-style-type: none"> Counseling, screenings, assessments & addiction treatment. 	
Richland Oaks Counseling Center	469-619-7622	Richardson, Plano, McKinney & Prosper	<ul style="list-style-type: none"> No insurance needed counseling. 	

COMMUNITY	CONTACT	LOCATION	SERVICES	KEY
ASPIRE	214-824-2000	Dallas	<ul style="list-style-type: none"> ESL, GED prep, adult basic education, workforce training, early childhood education, & family literacy. 	
Attitudes & Attire	214-630-1667	Dallas	<ul style="list-style-type: none"> Workshop to assist with job search, self-esteem, tools & wardrobe to get into the workforce. 	
Autocare Haven	autocarehaven.org	Plano	<ul style="list-style-type: none"> Mobile mechanics, free non-body work vehicle repairs & fluids. 	
Brother Bill's Helping Hand	214-638-2196	Dallas	<ul style="list-style-type: none"> Food, healthcare, counseling, & adult education to those in need. 	
Catholic Charities	1-800-CCD-7500	Dallas	<ul style="list-style-type: none"> Mobile food pick-up, refugee services, legal immigration services, domestic violence, senior citizen shelter & services, pregnancy help, adoption services, early childhood education, limited COVID-related rent & utility assistance. 	
CitySquare	214-823-8710	Dallas	<ul style="list-style-type: none"> Housing, food, employment, legal aid, financial resources, Medicare/Medicaid application assistance 	
Crossroads Community Services	214-560-2511	Dallas	<ul style="list-style-type: none"> Food pantry & distribution. 	
Dogs Matter	217-714-8460	Dallas	<ul style="list-style-type: none"> Offers a safe environment for pets during inpatient treatment until owner is healthy & stable enough to care for their dogs again. 	
Dress for Success	972-392-9770	Dallas	<ul style="list-style-type: none"> Boutique for interview outfits, leadership program, employment retention, job training. 	
Guiding Minds Ministries	214-613-6999	Dallas	<ul style="list-style-type: none"> Career placement for people with felonies/misdemeanors, education classes including anger management, alcohol & DWI courses, drug offender programs, life skills programs, parent programs, life coach & Christian counseling. 	
Heart of Courage	972-920-6510	Dallas	<ul style="list-style-type: none"> Helps mothers education, advocacy, mentoring, support groups & job readiness. 	
Hope Cottage	214-521-8721	Dallas	<ul style="list-style-type: none"> Pregnancy education as well as counseling & adoption services. 	
Irving Cares	972-721-9181	Irving	<ul style="list-style-type: none"> Food pantry, rent & utility assistance, job search & certification. For Irving residents only including former Irving residents moving to another county for sober living. 	
Jewish Family Services	972-437-9950	Dallas	<ul style="list-style-type: none"> Counseling, support groups, career support, emergency & food pantry. 	

Jubilee Park & Community Center	214-887-1364	Dallas	<ul style="list-style-type: none"> ESL, computer literacy & workforce certification. 	
Legal Aid of Northwest Texas	214-243-2236	Dallas	<ul style="list-style-type: none"> General civil intake, including family law, wills & estates, landlord/tenant cases, public benefits, federal tax & real property matters. 	
Literacy Achieves	214-265-5057	Dallas	<ul style="list-style-type: none"> Adult English literacy program, early childhood education program & student support services. 	
Miles of Freedom	214-290-2337	Dallas	<ul style="list-style-type: none"> Employs formerly incarcerated individuals. 	
New Friends New Life	214-965-0935	Dallas	<ul style="list-style-type: none"> Counseling & support groups for sex trafficking victims; advocacy & education; life-skills & parenting classes. 	
North Texas Food Bank	214-330-1396	Plano	<ul style="list-style-type: none"> Food assistance & disaster relief. 	
On the Road Lending	ontheroadlending.org		<ul style="list-style-type: none"> Affordable loans for low-income individuals to purchase fuel-efficient vehicles. 	
Operation Hope	469-516-5855	Dallas	<ul style="list-style-type: none"> Monthly financial literacy & credit building workshop on the first Sunday of the month at The Magdalen House. 	
Opportunity Resource Services	817-241-4141	Dallas	<ul style="list-style-type: none"> Assistance with higher & continuing education including application & transcript costs. 	
Sharing Life Community Outreach	972-285-5819	Mesquite	<ul style="list-style-type: none"> Food pantry, clothing closet, rent & utilities assistance. 	
Society of St. Vincent de Paul	469-607-0909	Dallas	<ul style="list-style-type: none"> Utility & rent assistance, microloans, pharmacy, food assistance & more. 	
South Dallas Legal Clinic	214-243-2243	Dallas	<ul style="list-style-type: none"> Legal aid for cases including bankruptcy, custody, child support, divorce, tenancy & more. 	
The Senior Source	214-823-5700	Dallas	<ul style="list-style-type: none"> Financial assistance, employment services & computer literacy classes for older adults. 	
The Stewpot	214-746-2785	Dallas	<ul style="list-style-type: none"> Grocery distribution, food pantry, warm meals, homeless services & Parkland mobile clinic onsite. 	
Unlocking Doors	469-587-7855	Dallas	<ul style="list-style-type: none"> Employs formerly incarcerated women or women in need of second chances. 	
Well Grounded Community Coffee	214-918-3538	Dallas	<ul style="list-style-type: none"> Employs formerly incarcerated women or women in need of second chances. 	
White Rock Center of Hope	214-324-8996	Dallas	<ul style="list-style-type: none"> Food pantry, clothing closet, financial assistance, transportation assistance & school supplies. 	
Women's Center of Tarrant County	817-927-4040	Fort Worth	<ul style="list-style-type: none"> Rape crisis & victim services, violence prevention & education, employment solutions & general counseling. 	